# **Equality**

## Nonviolence

### NEGOTIATION AND FAIRNESS

- Seeking mutually satisfying resolutions to conflict
  - accepting change
    being willing to
    - being willing to compromise

### NON-THREATENING BEHAVIOR

 Talking and acting so that she feels safe and comfortable expressing herself and doing things.

#### RESPECT

- Listening to her non-judgmentally
- being emotionally affirming and understanding
  - · valuing opinions

### ECONOMIC PARTNERSHIP

 Making money decisions together • making sure both partners benefit from financial arrangements

### **EQUALITY**

#### SHARED RESPONSIBILITY

 Mutually agreeing on a fair distribution of work • making family decisions together.

### TRUST AND SUPPORT

Supporting her goals in life
 respecting her right to her own
 feelings, friends, activities
 and opinions

### RESPONSIBLE PARENTING

 Sharing parental responsibilities • being a positive non-violent role model for the children

### HONESTY & ACCOUNTABILITY

- Accepting responsibility for self • acknowledging past use of violence
- admitting being wrong
- communicating openly and truthfully

### Nonviolence



#### IMMIGRANT WOMEN'S SUPPORT SERVICE

Immigrant Women's Support Service provides emotional support, counselling and advice for women from non-English speaking backgrounds who are experiencing domestic violence or sexual violence, VIOLENCE AGAINST WOMEN IS A CRIME.

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Domestic Violence Prevention Centre







